

Grief Thoughts
By Dave Swift, Aftercare Coordinator

Now What?

After the loss of a loved one this is often the question we have – Now what? First, do not be sucked in to the idea that there is one right answer. There may be many. You may want to take a little time when making decisions and while some of the decisions may have time constraints many can wait. Maybe the first decision is the hardest. Where can I get help? That is purpose of choosing a good Funeral Director. They can give you much help in making choices and providing information they are a wealth of knowledge. Also, a Clergy person or officiant can help in planning the service.

There are many other decisions that need to be made I will not go into them right now. You will feel yourself overwhelmed if I begin to list them all. Let me give you just one suggestion from Proverbs 19:2 (NLT) “Enthusiasm without knowledge is no good; haste makes mistakes.” Seek good counsel, especially from those who are experienced. Yes, you will need to weigh advice from those around you but it is better to sort out those pieces of advice than to make a hasty decision. Remember it may take time to clear cob webs and you may need to seek help from professionals.

What if I make a wrong decision? Step back and accept the consequences. Evaluate what can be done to make the situation better and move on. Proverbs 19:21 (NLT) 21 You can make many plans, but the LORD’s purpose will prevail. This verse has helped to remember that ultimately God is in control and when I make a mistake I need to give it to Him. Did I mention earlier that I make less mistakes when I give it to Him before I make them?

I would like to suggest that an excellent program available to you to you at a minimal cost is GriefShare. In the Myerstown area, there is one program available. It is held at New Beginnings Grace Brethren Church. You can contact them by phone at 717-866-5704. You can also view GriefShare’s website at <http://www.griefshare.org/> for programs in other locations. Other helpful resources can be found on this page (<http://www.grosefh.com/grief-support/overview>). Should you need to talk to me, you are always welcome to contact me at Grose a Huie Family Funeral Home (717) 866-4233. They will notify me and I will call you back.